



ST THOMAS COLLEGE, PALAI

VALUE EDUCATION PROGRAMMES: A BEST PRACTICE OF OUR COLLEGE

St. Thomas College Palai is a pioneer institution in the field of higher education and research which has successfully made iconic symbols in the educational history of Kerala. The college fosters its stakeholders, particularly the students, with a multi-faceted approach for helping their educational, social, emotional, moral and economic development in a long run. We not only give quality education to our students, but we are ardent in the overall development of them, since our mission is to nurture a new generation of ideal citizens. Value education is the process by which people give moral values to each other. Explicit values of education is associated with those different pedagogies, methods or programmes that teachers or educators use in order to create learning experiences for students when it comes to value questions. Morals as socio-legal-religious norms are supposed to help people behave responsibly in a society. However, the definition of morality is not enduring; all morals not lead to responsible behaviour. Values education can show which morals are "bad" morals and which are "good". The change in behaviour comes from confusing questions about right and wrong

We offer value education classes to our students every year for every batch. Our faculty members and invited speakers from various fields such as education, psychology, behavioural psychology, sociology, medical science etc are the members of the team. The course started in the month of September. All together there will be 4-5 sessions every year for moral and Value Education. In addition to classes, various programmes like discussions, counselling, meditation, yoga etc are also arranged under the guidance of trained experts in the respective area. Attendants of the participants are recorded in the online mode. Examinations are conducted at the end of the year and certificates are issued. Other programmes meant for the improvement of the value system of the students, teachers, and the supporting staff are:

1. Every academic year begins with a three day seminar on Value Education separately conducted for each batch. Experts are invited for the sessions.
2. Counselling Facility is arranged on every Thursdays. Kurian Anithanam DCPC, M.Sc (Psychology), Santhwana Counselling Centre, Pala and Jojo Mathew, M.Sc M.Phil (Clinical Psychology) from Mar Sleeva Medicity, Cherpunkal conduct regular counselling sessions for the needy. Students who demand the sessions and those who

are recognised by the teachers in need of guidance and advice are sent to the counsellor.

3. One day training programme is conducted for the teachers who handle sessions on Value Education for students.
4. There will be examinations at the end of the course for all students. Toppers from each year are awarded with cash prizes.
5. The entire faculty, both teaching and non-teaching, has two day seminar on Value and Moral Topics.



Figure: **Introductory sessions on value education for students**



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Figure: Orientation programme for students. Speaker: Prof. Cherian Vdakkekkunnel, International JC Trainer



Figure: Orientation programme for students and parents. Speaker: Prof. Cherian Vdakkekkunnel, International JC Trainer



Figure: 1st Year UG Students attending Value education Class



Figure: 1st Year PG Students attending Value education Class



Figure: A talk on Moral Education by Sri.Gibin Raja



Figure: Career orientation class for UG students



Figure: A talk on Yoga by Dr. Simon Augustine, Yoga Trainer